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# Just Us Girls: A Bible Study On Being God's Girl In Middle School (Volume 1)





# Synopsis

A 12-week Bible study on being God's girl in middle school. Are you a front row, straight A student? Are you a girly girl? Are you one tough cookie? Are you an easy going friend? Take our fun personality quiz to find out which chapter will be most helpful for you. Middle school isnâ ™t easy. Itâ ™s when youâ ™re figuring out who you are, who you hang out with, and what you believe. Itâ ™s when friends become enemies and boys becomeâ |cute. Itâ ™s obvious we need some girl time. lâ ™ll bring the discussion. You bring the chocolate. We all need a day now and then when itâ ™s Just Us Girls. Life gets tough. People get mean. How do we push through? What does God's plan mean for our lives? What does it mean to be Godâ ™s girl in middle school? Well, thatâ ™s what Just Us Girls is all about. Together weâ ™re going to search the Word of God and find out: \* who you were meant to be \* what to do about drama \* where to find a good friend \* how beautiful you really are \* why God picked you to change the world Just Us Girls can be used as a personal devotional and a group Bible study. A Note From the Author Throughout high school I've seen girls walk away, leave their faith, and end up completely shipwrecked spiritually and physically. I've also seen girls trust God, follow His leading, and live exceptional, adventurous lives in His glory. Whatâ ™s the difference? Often the outcome was determined by questions and insecurities that started in middle school. This is why I wrote Just Us Girls. About the Author Hannah Duggan is a young woman fervent about God's grace and His will for the young people of this generation. As a worship leader, dance instructor, and Bible Study leader, Hannah is committed to encouraging and investing in the spiritual growth of the youth in her church and around the world. She is an active part of her parents' ministry at Calvary Chapel Hamakua in Hawaii. She is also the author of two gripping historical Christian novels about heroes and heroines throughout history. Learn more at hannahrosed.com. Praise for Just Us Girls "Just Us Girls offers big sisterly advice and practical road signs of what to expect ahead." Kathy Newman, Women's Ministry Leader at Calvary Chapel Windward "I loved Hannah as a leader because she's young and fun and always positive and she's just an amazing influence on us." Peyton, age 13 "I'm so glad Just Us Girls talked about how we are all beautiful. We forget that God made us for who we are, and that we should appreciate the things that make us different." Tierney, age 12 Praise for the Books of Hannah Duggan "I couldn't put it down - finishing it in two days. This author has developed a plot line which rivals mystery authors like Sanford and Patterson and does it with a Gospel-centered theme...I look forward to reading Hannah's next book." Katrina Ford "A page turner!" Shannon Kessler "An adventurous and emotional book...my 11 year old daughter loved it. I look forward to reading more books from this bright new author." Faith Lathrop "Loved it (as a 66 year old) and bought a copy for my two

granddaughters ages 12 and 15." reviewer "I couldn't put it down! I really enjoyed it...I'd recommend it for adults or kids alike." April Jean Queja

## **Book Information**

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Age Range: 8 - 12 years

Grade Level: 3 - 7

## **Customer Reviews**

I have 2 middle school girls and I lead a middle/high school small group for them and their friends each week. They are all different personalities and maturity levels. They chose this book, and we have all been impressed. As a young woman Hannah has a way of connecting with girls where they are at and challenging them to a deeper maturity with each other and in their relationship with Jesus. Whether it's just a mom & daughter going through this study or a group of young ladies who need to know they are not alone in their faith I highly recommend Just Us Girls. The weekly Bible study commitment has been the right amount for my girls who have busy lives with homework, family commitments, sports & after school activities. Hannah breaks each chapter's study into daily reading and question answering so that the girls get into the habit of spending time in the Bible every day.

I am doing this for my daughter and a few of her friends. They have been facing all of the struggles that lie within these pages. We meet every week and do a chapter at a time. The girls are WOWED

that it hits every single struggle they face as middle schoolers and that the stories I share about my junior high days are so very similar. It challenges them, hits them where truth lies within themselves, makes them struggle a little, but mostly, they have come to understand the relationship with God a little better. Two are unchurched and one had never heard of Jesus. Watching these girls grow is the greatest blessing! I recommend this to be taught to every girl going into middle school. I knew this would be a good one; I wasn't aware it would be the best one to pick!

Purchased for my grand daughters in the hope the words will minister to their hearts as they did to me. Well written with accurate bible paraphasing. The clever intro into defining a girls make-up via questions and answers goes a long way into self-discovery. In a society as fast as ours has become, this book gives pause to the value of self-thinking and evaluating that is so important in every phase of life. A California grandmother.

Just Us Girls was so inspirational to me and my friends. We could relate to many of the chapters, if not all. I have to admit, I might have teared up at a few places! I would recommend this book to every middle school girl, because it helped me so much. Great job, Hannah!

I love this book it has helped me a lot and brought light to loads of things I didn't know I now realize that I am blessed to be a christian from when I was 4 and being a christian is the best experience in the world. Thank you Hannah I love the way you write please write more books like this one '•Kayleigh

I purchased this book in hopes to have someone to help guide my daughters trough their new adventures of middle school. I was pleasantly surprised by how insightful and honest it was. I am excited to do these devos with my daughters! I highly recommend this book to any girl starting middle school.

Great book! I am a pastor and, after reading, I introduced this book to our Middle School class at our church. The students and the teachers loved it!Hannah has done an awesome job by incorporating sound doctrinal teaching within an interesting and thought provoking text. Many great talking points for lively group discussion!I hope that Hannah continues with a sequel for high school girls!Excellent job!

Excellent book! I got this for my daughter and read it first to check it out. The author is accurate, uses verses appropriately and writes from sound theology. I can't wait for my daughter to read it, and am thinking about trying a group study with some girls. Very well done.

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